

SOFT-TISSUE INJURIES

Routine Medical / Trauma Care

MINOR CLOSED WOUNDS

- Do focused physical exam
- Identify Mechanism of injury
- Obtain Baseline vital signs
- Apply indirect ice or cold pack on affected area for 10 to 20 minutes.
- Suggest cold compress to area every 2 hours for the next 24 hours.

SEVERE CLOSED WOUNDS

- Refer to INTERNAL HEMMORHAGE protocol

For all severe closed injuries or injuries with significant mechanism of injury arrange IMMEDIATE EMS transport.

Monitor vitals every 15 minutes for stable patients and every 5 minutes for unstable patients until EMS arrival.

Contusions
Hematomas
Crush
Injuries