

# CERVICAL COLLAR

## SIZING PROCEDURE

- Bring patient's head to neutral in-line position (facing forward, nose mid-line)
- Maintain in-line stabilization
- Adjust C-Collar to fit snugly at base of chin and on clavicles.
- Activate locks on collar to set to closest size

## APPLICATION PROCEDURE

- Slide the Velcro fastener and rear of C-Collar under or behind the right side of the patient's neck far enough to be reached from the left side.
- Position chin piece of collar at base of chin with base of collar resting on clavicular arches and upper chest wall.
- Bring rear of collar from left side around patient's neck to meet the front section of the collar and secure using velcro strap.
- Inspect the collar to make sure the chin is properly positioned
- Adjust collar as needed prior to securing patient to long spine board.

