

enrolled in the program. The PDRA will be administered and any youth scoring 2 or higher will be considered for a referral to FFT.

4. Methods and Procedures

a. Service Delivery

State and the proposed primary curriculum or evidence-based interventions that will be employed during this grant period. Describe how this will be implemented. State and describe any other developmental activities program participants will receive in addition to the curriculum or intervention listed above. Explain how each of these developmental activities will be implemented.

Lowndes County plans to continue current interventions of Functional Family Therapy (FFT) in FY 2022-23.

FFT focuses on treating youth aged 11-18 ranging from at-risk preadolescents to youth with very serious problems such as conduct disorder, violent acting-out, and substance abuse. Few youth are ineligible for FFT services other than primarily youth with severe mental or physical handicaps. The FFT clinical model identifies specific treatment phases that organize the intervention in a coherent manner so that clinicians maintain focus in the context of family and individual disruption.

FFT will be implemented in-person or virtually using telecommunication technologies.

b. Describe the overall format and design of the program, addressing the following:

- Program type (i.e., Youth Reporting Center, community-based, school-based, or other); Include the name of the selected evidence-based program. Please list materials associated with the program (i.e., for ART® – Third Edition, Glick & Gibbs, 2011);
- If applicable, number of cohorts expected during the grant year. Please include a detailed program schedule that includes specific dates (see Appendix B) and reflects appropriate dosage according to the selected evidence-based program:

Program Type: Functional Family Therapy (FFT)

The Court will partner with EBA and Grace Harbour, Inc., to continue providing FFT for youth and families deemed to be at-risk of commitment to DJJ and or STP, or short term program admission.

FFT focuses on treating youth aged 11-18 with very serious problems such as conduct disorder, violent acting-out, and substance abuse. The FFT clinical model identifies specific treatment phases that organize the intervention in a coherent manner so that clinicians maintain focus in the context of family and individual disruption.