



PeaceWay Counseling & Mediation Services, Inc.
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successfully adapted for African American, Asian/Pacific Islander, Hispanic, and American Indian families, and has been translated into Spanish, Portuguese, Russians, Dutch, Swedish, French, Thai, and Chinese.

Outcomes include increased family strengths and resilience and reduced risk factors for problem behaviors in high-risk children, including behavioral problems, emotional, academic and social problems

SFP has been evaluated many times by independent researchers in randomized control trials or health services research with very positive results in reducing substance abuse and delinquency risk factors by improving family relationships. Hence, SFP is rated at the top of the list by international and national review groups including the prestigious World Health Organization, Cochrane Collaboration Reviews in Oxford, United Nations Office of Drugs and Crime in Vienna, White House, National Institute on Drug Abuse (NIDA) sponsor of the original SFP research, Office of Juvenile Justice and Delinquency Prevention (OJJDP). SFP is now being tested for the prevention of child abuse as an evidence-based program on Administration for Children and Families (ACF) grants to several states and tribal jurisdictions.

B. Outline of proposed programming

<i>SFP Lesson</i>	<i>SFP Planned Programming Topics</i>
Introduction and Pre-Test Outcome Data Collection	Consent Forms Intro-1 The Happy Family—Healthy Brain Connection Intro-2 Essential Skills Intro-3 Keeping Your Family Safe and Happy Intro-4 Family Conversation Jar Intro-5 Planning for Family Dinners Intro-6 My Time Intro-7 Stomping the ANTs Intro-8 Understanding Brain Development Intro-9 How to Have a Healthy Brain Intro-10 Four Family Fun Intro-11 Mindfulness, Part 1 Intro-12 Mindfulness, Part 2 Intro-13 Mindfulness, Part 3 Intro-14 Mindfulness, Part 4

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